

LEARNING AT HOME

Learning from home is a challenge but also an excellent opportunity to improve study habits and further develop learner strengths. It will require a growth mindset.



Setting up my space

CONNECTION: Make sure your device is charged and connected to WiFi. Check your emails regularly.

COMFORT: Set up your space as if you are at a school desk (not in bed!)

TOOLS: Have everything you need nearby - pencil case, notebooks, textbooks, headphones.

DRESS: Wear appropriate clothing during lesson time, particularly if video conferencing.



Health & Wellbeing

Make sure you are eating and drinking regularly.

Exercise too!

If you are unwell or unable to engage in your learning program as timetabled, make sure you contact your Learning Mentor.



Stay up to date

Check Compass, and your emails and plan ahead.



Scheduled Lessons

Try to stick to a normal school day and follow your **timetable** on Compass.

Begin everyday checking in with your Learning Mentor via Teams.

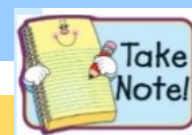
Go to **Compass** at the start of every session for the Lesson plan and learning activities.

Class Times:

Learning Mentor	9:00am – 9:14am
Period 1	9:14am – 10:02am
Period 2	10:02am – 10:50am
Recess	10:50am – 11:14am
Period 3	11:14 – 12:02pm
Period 4	12:02 – 12:50pm
Lunch	12:50pm – 1:39pm
Period 5	1:39pm – 2:37pm
Period 6	2:37pm – 3:15pm

Class time is for learning. Use break times for eating and drinking

Respectful mobile phone protocols are required during lesson times.



CONTACTS

IT issues: helpdesk@rowvillesc.vic.edu.au

Subject queries: Subject class teacher

General concerns: Learning Mentor/Head of House

Wellbeing Team : rscwellbeing@rowvillesc.vic.edu.au