

Getting Organised for 2021

Term 2



If you are finding school hard, or you want to help decrease stress, its time to put in a little more effort. Your LM Group is here to help you manage the stressors of school..... please, ask your LM for help.

KEY INFOMRATION: VCAA write study designs for each subject, on the proviso that a student in Year 12 will be spending on average 7.5 hours per fortnight, per subject. In year 12 you do 5 subjects.... So that's an expectation that an aspirational student will complete 3.5-4 hours per subject, per week! As such, each week, you would be spending 17.5-20 hours on private study, outside of the classroom! Where are you in you school journey? Its time to find out.

Homework Suggestions for our LM group (as per 2020 RSC homework policy):

Year 7:

Year 8:

Year 9:

Year 10:

Year 11:

Year 12:

SESSION1: 'HOW MUCH STUDY' (outside of the classroom) and I am doing?

Complete each of the boxes below. The first box is asking you to give your best 'guess' at how much total homework you were doing each week last year. In Box 2 list down every piece of 'outside of class' work you have completed over the past week (may need to be the second last week of last term), and roughly how much time you spent on each task

Total time per week spent doing work outside of classtime?	How much time per week spent on doing ENGLISH
	How much time per week spent on doing MATH

List every bit of homework you can recall doing over the past week	Time spent (roughly)
Monday	

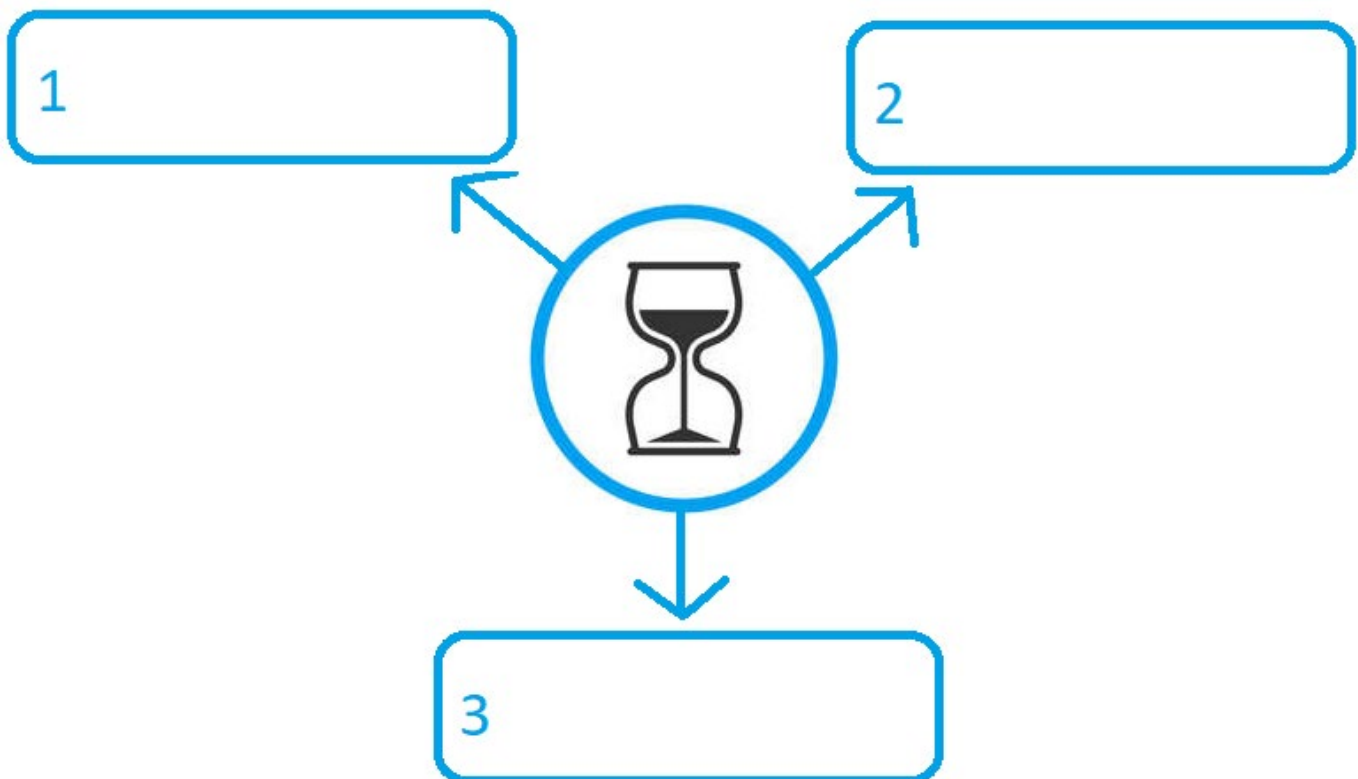
TOTAL TIME =

Now that you have had a chance to reflect (both on your current/past practice and on the 'out of class work' suggestion as provided in the Rowville Secondary College Homework Policy, create your numerical study goal. (SUGGESTION: best practice would be to, at the very least, increase the time from last year)

Study Goal Per Week	(AND/OR) Study Goal per night
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SESSION 2: 'FINDING TIME'

There are three key steps in helping create a successful study plan.





Finding time

If your daily schedule is already full and you want to add in study, it means something has to come out of the schedule in order to fit study in. The question is, what should you take out?

Step 1

Determine your specific priorities:



Sport

What?

When?



Social

What?

When?



Hobbies

What?

When?



TV

What?

When?



Job

What?

When?



Finding time

Step 2

Create a weekly planner:

- 1.
- 2.
- 3.
- 4.



Example planner:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00							Sleep in
8:00	School						
9:00							
10:00						Basketball	
11:00							
12:00							
1:00							
2:00							
3:00							
4:00		Swimming		Swimming			
5:00			Guitar lesson		McDonalds		
6:00							
7:00							
8:00	Netflix						Party
9:00			Netflix				
10:00							
11:00							
12:00							

SESSION 3: 'DRAFTING A STUDY TIMETABLE'

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00-8:00							
8:00-9:00							
9:00-10:00	SCHOOL	SCHOOL		SCHOOL			
10:00-11:00	SCHOOL	SCHOOL		SCHOOL			
11:00-12:00	SCHOOL	SCHOOL		SCHOOL			
12:00-1:00	SCHOOL	SCHOOL		SCHOOL			
1:00-2:00	SCHOOL	SCHOOL		SCHOOL			
2:00-3:00	SCHOOL	SCHOOL		SCHOOL			
3:00-4:00							
4:00-5:00							
5:00-6:00							
6:00-7:00							
7:00-8:00							
8:00-9:00							
9:00-10:00							

